

PSHE Vision

Our Goal

In our PSHE lessons we are committed to giving every young person an opportunity to develop the skills and knowledge they need to thrive now and in the future. We work alongside them to deal with critical issues they face every day such as friendships, emotional wellbeing and change. And ensure they have a solid foundation for whatever challenging opportunities lie ahead, so they can face a world full of uncertainty with hope. From making informed decisions about alcohol to forming healthy relationships, we help our learners prepare for all the opportunities, challenges, life decisions and responsibilities they'll face.

PSHE is taught using the ASDAN programme as a foundation and is reviewed and evaluated regularly to ensure provision is relevant, up-to-date and of the highest quality. We encourage mutual respect, responsibility and nurture self-esteem in a happy and caring atmosphere.

Equal Opportunities

Our teaching of PSHE, including Relationship and Sex Education, is applicable to all sexual orientations and will include teaching aspects of sex and sexual health. We will help the young people to be understanding and tolerant of differences and similarities between people that arise from a number of factors, including cultural, ethnic, racial and religious diversity, family type, gender and disability.

Beyond the National Curriculum

The young people will also benefit from further programmes that stretch beyond the National Curriculum. The use of The Action for Happiness Programme encourages collaboration between different members of staff and peers. There are also a number of lessons, designed using the Protective Behaviours Approach. These lessons aim to increase awareness of personal safety and encourage self-empowerment, while teaching skills to raise self-esteem and reduce vulnerability.